

TECHSHETHINK'S SMARTPHONE OPTIMIZATION CHECKLIST

BOOST PERFORMANCE, SAVE BATTERY,
AND STAY SECURE
CHECK OFF EACH STEP AS YOU GO TO
KEEP YOUR PHONE RUNNING LIKE
NEW, A PERFORMANCE BOOSTER

☐ Clear App Cache: Go to Settings > Apps > [Apps Name] Storage > Clear Cache for apps you use often.

☐ Uninstall Unused Apps: Head to Settings > Apps, find apps you haven't used in 30 days, and remove them.

☐ Update Software: Check Settings > System > System Update to install the latest OS version

☐ Restart Your Phone: Power off and back on at least once a week to refresh the system.

☐ Manage Storage: Go to Settings > Storage, delete old photos/videos, and offload to cloud storage (e.g., Google Drive).

Battery Savers

☐ Turn On Battery Saver: Find it in Settings > Battery > Battery Saver and enable it when below 20%.

☐ Lower Screen Brightness: Adjust in Settings > Display or use auto-brightness.

- ☐ Limit Background Apps: Go to Settings > Apps > [App Name] > Data Usage > Restrict Background Data for heavy apps.
Roboto
- ☐ Disable Unused Features: Turn off Bluetooth, Wi-Fi, or GPS when not in use (swipe down from top to toggle).
- ☐ Check Battery Usage: See Settings > Battery > Battery Usage to spot and limit power-hungry apps.

Security Essentials

- ☐ Enable Lock Screen: Set a PIN, pattern, or fingerprint in Settings > Security.
- ☐ Update Apps: Open your app store (Google Play/App Store), check for updates, and install them
- ☐ Turn On Two-Factor Authentication: Add it for key apps (e.g., email, banking) in their settings.
- ☐ Avoid Public Wi-Fi: Use a VPN app (like NordVPN) if connecting to public networks.
- ☐ Scan for Malware: Install a trusted antivirus app (e.g., Avast) and run a scan monthly.

Bonus Tips

Organize Home Screen: Group apps into folders (e.g., Social, Work) for faster access.

Enable Lock Screen: Set a PIN, pattern, or fingerprint in Settings > Security.

Backup Data: Save photos and files to a cloud service weekly (Settings > Backup).

