

# TECHSHEHINK'S SMARTPHONE OPTIMIZATION CHECKLIST

BOOST PERFORMANCE, SAVE BATTERY,  
AND STAY SECURE  
CHECK OFF EACH STEP AS YOU GO TO  
KEEP YOUR PHONE RUNNING LIKE  
NEW, A PERFORMANCE BOOSTER

- Clear App Cache: Go to Settings > Apps >[Apps Name] Storage> Cleare Cahce for apps your use ofter.
- Uninstall Unused Apps: Head to Settings > Apps, find apps you haven't used in 30 days, and remove them.
- Update Software: Check Settings > System > System Update to install the latest OS version
- Restart Your Phone: Power off and back on at least once a week to refresh the system.
- Manage Storage: Go to Settings > Storage, delete old photos/videos, and offload to cloud storage (e.g., Google Drive).

## Battery Savers

- Turn On Battery Saver: Find it in Settings > Battery > Battery Saver and enable it when below 20%.
- Lower Screen Brightness: Adjust in Settings > Display or use auto-brightness.

- Limit Background Apps: Go to Settings > Apps > [App Name] > Data Usage > Restrict Background Data for heavy apps.  
Roboto
- Disable Unused Features: Turn off Bluetooth, Wi-Fi, or GPS when not in use (swipe down from top to toggle).
- Check Battery Usage: See Settings > Battery > Battery Usage to spot and limit power-hungry apps.

## Security Essentials

- Enable Lock Screen: Set a PIN, pattern, or fingerprint in Settings > Security.
- Update Apps: Open your app store (Google Play/App Store), check for updates, and install them
- Turn On Two-Factor Authentication: Add it for key apps (e.g., email, banking) in their settings.
- Avoid Public Wi-Fi: Use a VPN app (like NordVPN) if connecting to public networks.
- Scan for Malware: Install a trusted antivirus app (e.g., Avast) and run a scan monthly.

## Bonus Tips

Organize Home Screen: Group apps into folders (e.g., Social, Work) for faster access.

Enable Lock Screen: Set a PIN, pattern, or fingerprint in Settings > Security.

Backup Data: Save photos and files to a cloud service weekly (Settings > Backup).

